An Arlington Legend Retires

At the September 28th Arlington Thrive Board meeting, Thrive’s Board and staff had an opportunity to honor a true community asset, Pearl Hicks. Pearl served Thrive in a variety of roles since 2000, including as Board Member and President of the Board. More recently, Pearl served on Thrive’s Finance Committee and ensured that Thrive maintained its commitment to providing as much financial support to our neighbors in need, as possible.

Most significantly, for many years, Pearl ran Arlington Thrive’s Dress for Work Success. This program provides new professional clothing to men and women who have recently completed job training and counseling through the Arlington Employment Center. Through the years, Pearl helped thousands of individuals launch their careers and next chapters. Pearl’s next chapter will include more time with her family and traveling but Dress for Work Success will endure; Thrive is committed to this program and honoring Pearl’s amazing legacy. Thank you Pearl!

Thriving Where Planted By Madeline Brophy

This year, I started my online Social Work Master’s Program through VCU and as part of the program was lucky enough to be matched with Arlington Thrive for my field placement. Growing up in a military family, service has always been an integral part of my life. I have some roots in Arlington because I attended Wakefield High School while my dad was stationed at the Pentagon. I then went on to get my undergraduate degree in Foreign Affairs from UVA in 2018. In my studies, I focused on international development, but my involvement with a 24-hour helpline at UVA is what drew me to the social work profession.

As a part of Thrive, I will be working to find long-term solutions for the clients that frequently use Thrive funds. First, I will meet with their Case Managers to see what their common issues are, then I will bridge the gaps in their needs by working with the client and our Partners. Finding solutions for these clients will allow Thrive to focus on our core mission – proving emergency assistance. Additionally, I am creating a map of all the non-profits in Arlington (divided by category of assistance) with the goal of building connectivity among all the non-profits and enhancing the effectiveness of Arlington’s social safety net.

I’m overjoyed with this opportunity and look forward to learning from all the inspiring individuals that make Thrive such a successful organization. Finally, a special thank you to Doug Smarte, a volunteer at Thrive that is also serving as my field instructor and mentor!
As summer turns to fall (at least on the calendar), I am writing to reflect on all the important things happening at Arlington Thrive and in Arlington. Recently, Thrive hosted our 4th annual BBQ, Boots & Bingo event – not only did we raise a lot of money for our neighbors in need, we had a lot of fun in doing so. In addition to having fun, Thrive continues to focus on providing emergency assistance to our fellow Arlingtonians. Our $1,400 per day Daily Fund provides vital emergency funds for rental assistance, medical and dental assistance and transportation assistance.

Regarding dental assistance, Thrive has embarked on a new partnership with the Arlington Free Clinic to provide funds to their patients for additional dental assistance. I believe that this program will grow over time and I am always glad when we can collaborate with our partners across the County. Similarly, our partnerships with A-SPAN and SEEC (Shirlington Employment and Education Center) are providing vital assistance to these organizations. We are able to provide this assistance, indeed all of the assistance we provide, because of your compassion and generosity to our neighbors. I am grateful for you and for the opportunity to continue my service to Thrive. I wish you, your family, and our community a safe, peaceful, and happy upcoming holiday season.

Andrew Schneider
Executive Director, Arlington Thrive

Thrive’s Dental Pilot Program

In early August 2019, Arlington Thrive began a new and exciting program, focused on dental assistance for our neighbors in need. The Arlington Free Clinic provides comprehensive health care to individuals living in Arlington who do not qualify or have health insurance. In 2018, the Free Clinic expanded their capacity by adding a new dental clinic to meet the oral health needs for their clients and potentially other low-income individuals in Arlington. Thrive is excited to work with the Free Clinic in the first phase of this project by helping existing Free Clinic patients afford dental work at the Clinic’s new oral health clinic. We hope, in the future, that Thrive’s assistance will provide funds to support non-Free Clinic patients obtain low cost and high quality dental care.
BBQ, Boots & Bingo

Arlington Thrive’s 4th annual fall family fundraiser was another success this year and a significant fundraiser to support the programs that help the most vulnerable in Arlington.

BBQ, Boots & Bingo, which drew nearly 150 guests, took place at the Columbus Club of Arlington on Saturday, September 28. Guests enjoyed delicious barbecue from Rocklands and hot dogs and hamburgers cooked by members of the Columbus Club of Arlington. The summer-like weather again this year made everyone appreciate cold, delicious treats from the Orange Cow ice cream truck!

B-I-N-G-O was popular with guests of all ages, and children enjoyed a moon bounce, face painting and crafts, including spin art and rock painting. A special thank you to our sponsors, volunteers, and all of our guests who made the fundraiser a success!

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Meet Thrive's

Susan Cappellini
Susan is thrilled to become Treasurer of Arlington Thrive. She earned her MBA from the University of Maryland, holds an active CPA license and has 25 years of Accounting and Finance experience, most recently at Capital Impact Partners. Susan looks forward to helping Arlington Thrive continue its financial stewardship and assistance to the Arlington community.

Karen Daniel
Karen L. Daniel is the Vice President of Programs at Youth Service America (YSA), an international non-profit organization that helps youth find their voice, take action, and make an impact on their communities.

Scott Friedrich
At MedStar Health, Scott has been passionately working as a Philanthropy Officer for three years. Scott continues to find deep meaning through his connection with grateful patients which drives fundraising efforts throughout the MedStar Philanthropy Group.

Outside of MedStar Health, Scott is proud to serve on the Arlington Thrive Board of Directors. Scott is also an avid runner (attempting to complete a half-marathon in each state with his friends and family), loving husband, and dog father to one of Arlington Thrive's cutest furry ambassadors, Carlton.
Denise Sughrue
Denise is a consulting executive with over 20 years’ experience advising clients in Government, Life Sciences, Non-Profit, Hospitality, Higher Education, and Aerospace and Defense. Denise works for Toffler Associates a strategic foresight consulting company focused on helping her clients prepare for the future; understanding and preparing for their future environments. Denise has an MBA from the Smith School of Business at the University of Maryland and a BS in Engineering from Virginia Tech. Denise lives in Arlington, VA with her husband (Andy) and their three teenage children (Connor, Caitlin, and Maggie).

Jasmine Westbrook Rogers
Jasmine is an advertising and public relations professional. Her first stint in media was at the young age of 11 on her elementary school’s internal news network and she has never looked back, using her strong work ethic and insatiable curiosity about other roles to rise quickly in the industry. After graduating from Virginia Commonwealth University (VCU) early, she moved to the Big Apple to work for Deutsch Inc. and Momentum Worldwide. The big city was exciting but she longed to be closer to her Hampton, VA roots and decided to move to Arlington, VA with her husband. Having worked at some of the top advertising agencies in the country in a variety of roles, she hopes to put the skills she has acquired in order to bring about positive change in her community.

Scott Woodworth
Scott was born and raised in Northern Virginia. He is an attorney with over 15 years of experience in communications and business law. Scott has worked at Vinson and Elkins and Wiley Rein and now has his own firm with two other partners. Scott served as treasurer of the PTA at the elementary school his children attend. Scott graduated from Bucknell University and has a law degree from the University of North Carolina School of Law.
In these uncertain times, you can remember Arlington Thrive in your estate plan today, so our neighbors in need can count on you tomorrow. Show your personal compassion and set an example for others by remembering Arlington Thrive with a bequest or other deferred gift today.

If you have already made arrangements, we would like to honor your commitment and personal legacy. Contact Shandra Niswander, CFRE Director of Development at 703–558–0035 or niswander@arlingtonthrive.org to notify us of your plans. We are pleased to list you as an anonymous member of Forever Thrive.

Legal Name: Arlington Thrive, Inc.
EIN #: 51–0207684

Become a Monthly Giving Partner Today

When you become an automatic donor to Arlington Thrive, it translates into a strong and steady stream of funding with less administrative processing costs for our staff. This allows Arlington Thrive to deliver same-day emergency assistance to our neighbors in need in a more efficient and inexpensive way. Here’s what your monthly gift can do over the course of a year:

$50 – Prevents utility disconnection for 3 Arlington families

$75 – Provides emergency medical assistance for 7 uninsured Arlington individuals

$100 – Prevents the eviction of 2 Arlington families and ensures they remain safe and secure in their homes

Visit www.arlingtonthrive.org and click on our Donate Button on the toolbar at the top right hand corner of our website.
Q. What are the best ways to give to a favorite nonprofit?
A. Donating to a nonprofit provides organizations like Arlington Thrive the funds they need to serve our community and it gives you the chance to support and be a part of those worthwhile efforts. Of course, donations are generally motivated by altruism, but there are also things to consider in your own financial situation to help you decide the best and most efficient way to make your donation. A few good options are donating appreciated stocks or securities directly to the nonprofit, making Qualified Charitable Distributions (QCDs) directly from your IRA, and including the nonprofit in your estate plan.

Q. How do stock donations work?
A. If you sell a mutual fund or individual stock that has grown in value since you purchased it, you then pay capital gains taxes on the amount you sell. How high that tax is depends on how long you have held the investment and how much it’s grown. Instead of paying that tax, you could donate the investment directly to a nonprofit, which could then sell the investment without having to pay capital gains. This is a great form of donation to consider if you’re rebalancing your investment portfolio or would otherwise be selling an investment in order to free up the funds for your intended donation.

Q. What are QCD’s?
A. A QCD (Qualified Charitable Distribution) is a donation given directly from a Traditional IRA to a qualifying charity. For individuals who are 70 1/2 or older, donating to a charity through this method can satisfy your Required Minimum Distribution (RMD) without making the RMD count toward your income, therefore making the distribution tax-free for you. Since the distribution is going to a qualifying nonprofit, it’s also tax-free for Arlington Thrive.

Q. Why should I create an estate plan today?
A. If you haven’t created an estate plan for yourself, the state has created one for you. It makes sense to plan ahead and make sure that your hard-earned savings goes to the beneficiaries of your choice, like Arlington Thrive or other nonprofits, instead of defaulting to the beneficiaries the state chooses for you. Creating a will is a great opportunity to designate how much you would like to leave to charity. Like the other options mentioned, this is tax-free for the nonprofit and any gifts to charity upon death allow for a dollar-for-dollar deduction on the estate tax return. This option is often used if a donor prefers to give a nonprofit a larger donation that she needs to continue to control during life, but wants to put to charitable use after she no longer needs it.

For questions about sending a gift of appreciated stock or a QCD to Arlington Thrive, please contact Shandra Niswander at niswander@arlingtonthrive.org or 703.558.0035. While considering how to make contributions to your favorite charity, ask your Financial Advisor how your giving will impact your personal financial strategy or please feel free to contact Chelsi with any questions (703) 567–0728.

Chelsi is hosting a seminar, “Syncing Your Business and Personal Financial Strategies,” Wed., October 23 at 6pm in Ballston. To RSVP or request additional details, email her at Chelsi.Dildine@edwardjones.com
Arlington Thrive
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ARLINGTON
Turkey Trot

Join us for the 14th Annual Arlington Turkey Trot 5K Fun Run this year!

Thomas the Turkey wants you to run with us on Thanksgiving Day morning Thursday, November 28, 2019 and help us give thanks for all we have and all we have to give! Visit ArlingtonVATurkeyTrot.org to register today. Interested in a sponsorship? Contact Shandra Niswander at Niswander@ArlingtonThrive.org or 703.558.0035.

Arlington Thrive is a proud beneficiary of the 2019 Arlington Turkey Trot

Follow us on Facebook or Twitter @ArlingtonThrive to learn more.